Imagine Yourself Living Here

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Life Plan Communities, Demystified

A Life Plan Community (formerly known as a Continuing Care Retirement Community) is exactly what it sounds like, a community where residents can live for today and plan for future health needs. In addition to the recreational and social amenities of an active adult community, a Life Plan Community also usually includes independent living, personal care, skilled nursing, and memory care ... Meadowood has all this and more.

A Life Plan Community appeals to those who want the lifestyle that an active adult community offers and who also want peace of mind when it comes to their future care. It's wise to plan for your future while you're in good health, instead of rushing into a decision at the last minute.

Luxurious Living

Located in Worcester Township, PA, Meadowood is a nonprofit life plan community where residents have the freedom to create their own lifestyle. Meadowood is situated on a naturally beautiful, 135-acre campus.

At Meadowood, while you must be 62 years of age or older, you'll find that most of our residents are quite young at heart! You'll also find an expansive range of services and amenities, including top-notch dining, several residential home designs and a continuum of flexible healthcare services.















Meadowood, on the Move Since 1988

The vision for Meadowood began in 1982, when Bill and Sylvia Strasburg formed a nonprofit board to create a retirement community on property in Worcester Township, PA. Meadowood's founders envisioned a campus setting with a college atmosphere. In fact, those who arrived the year Meadowood opened were in the "Class of '88."

If you're wondering where the name Meadowood originated, visit our campus and you'll experience the strength of the woods, the quietness of the meadows, and the charm of the birds that flutter across them.

A Timeline of Innovation at Meadowood



Our Mission, Embraced by All

Meadowood was founded with a three-legged stool philosophy, which remains a guiding principle to this day. Residents, board and staff come together to make the decisions that not only affect day-to-day operations, but also to shape the future and vision of the community. Everyone, from the president/CEO to our dedicated staff, embrace and reflect this philosophy. At Meadowood, we are dedicated to providing a superior experience for all who live and work here.







A Defining Difference

Meadowood puts the emphasis on "community" in our Life Plan Community. At Meadowood, it's all about community. We not only take care of one another, we truly care about each other.

Our residents also know the importance of taking care of themselves. Fitness and wellness are key components of programming at Meadowood, where we're redefining aging. Our residents don't retire, they rewire.

The International Council on Active Aging (ICAA) & NuStep recognized Meadowood with the 2021 Beacon Award. The Beacon is awarded to communities that successfully foster a wellness culture and environment that supports wellness for all who live and work there.





An Idyllic Setting

Meadowood is known for its breathtakingly beautiful grounds. Start with our Stratton Wellness Garden, from its meandering walkway to the peaceful waterfall and stream. Then there's the Meadowood Nature Preserve, an environmental initiative you won't find at other active adult communities.

Our residences are equally impressive, both inside and out. You'll be amazed at the attention to detail, such as the high-end finishes evident in our construction. And you'll be pleased at the variety of residential options, from apartments to courtyard homes to our luxurious, single-family carriage homes. Plus, you can customize many of the models to suit your own taste.

The Philadelphia Horticultural Society has recognized Meadowood for our stunning natural beauty, and the Norristown Garden Club gave its prestigious Landscape Design Award to Meadowood for our Woodland Garden.

